



CAP Center Caption

Fall
2005

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*"If we cannot make a
world in which children
no longer suffer, at
least we can try to
reduce the number
of suffering
children."*

*Albert Camus
1913-1960*

Babysitter Found Guilty in SBS Case

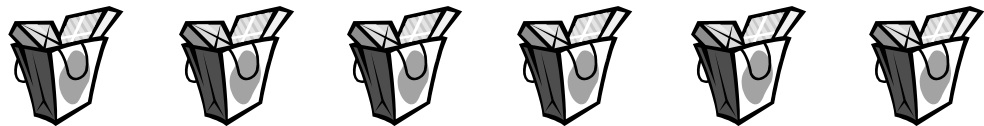
In 2002, at a conference on Shaken Baby Syndrome in Austin, Texas, a soft-spoken woman stood up and said, "My eight month-old baby was shaken by our babysitter and died from his injuries, and I don't know what to do." Margaret Patterson, Executive Director for the CAP Center, was also there that day, and she knew exactly what this young woman could do.

Stacey Turner joined the CAP Center staff as the Shaken Baby Syndrome Educator. She went into the schools throughout Dallas/Fort Worth telling her story about her baby boy, Dylan, and about the dangers of shaking a baby. During her tenure at the Center, Stacey and her husband Matt welcomed the arrival of their second son, Brendan. Brendan accompanied his mother on her school visits. Stacey was too frightened to let someone else take care of her child.

As the first anniversary of Dylan's death neared, the State of Texas was formulating a case against Kara Raney, the woman accused of killing Dylan. She was charged with serious bodily injury to a child in August 2002. Yet, it would be three and a half long years before Raney would ever sit before a judge and jury.

January 2005 was the first scheduled court date, but it was postponed. Another followed in March and another in May. The final court date was set for August. On August 19, the jury was chosen, and on Monday, August 22 the trial began.

The trial lasted six days. Stacey and Matt Turner gave emotional testimonies about their last day with their son. Medical examiners, paramedics and doctors testified about the way Dylan died. Jurors spent two days deliberating and finally found Raney guilty of recklessly causing serious bodily injury to a child. After discussing the penalty charge for 40 minutes, the jury sentenced Raney to 10 years' probation. The maximum punishment for this crime is 20 years in prison.



It's the Most Wonderful Time of the Year!

The CAP Center is gearing up for one of the most exciting activities of the year: our Adopt-A-Family Christmas project. Last year, through the generosity and caring of individuals and business groups, we were able to make Christmas wishes come true for a record-breaking 57 families from the Parent Aide and Healthy Families Programs. Because of the kindness of people like you, these families had a lot to celebrate.

This year, we invite **you** to join us in this wonderful program! Take this opportunity to open your heart to others and share your blessings by adopting a family or making a donation. We will begin sending out letters with the full details this month to let you know how you can help.

Please call Karen Coxe or Michelle Ferris at 214-370-9810 or email mferris@excap.org or kcoxe@excap.org if you have any questions or would like to be added to our list of donors. A tax deductible letter is available on request.

Technology in the 21st Century!

Earlier this year, the Hillcrest Foundation graciously provided the CAP Center with a generous grant for new technology purchases.



With the grant monies, we purchased two laptops and a projector that will enable us to enhance our off-site presentations. We also replaced four outdated desktop computers.

Additionally, we were able to upgrade our network server systems. The new features will allow our IT vendor to troubleshoot system problems from a remote location, thus saving us money. We were also able to install new state-of-the-art virus protection.

In yet another effort to conserve funds, we purchased a color laser printer, paper trimmer and automatic paper folder, giving us the ability to create our own brochures, flyers and postcards.

Not only did this grant provide the CAP Center with new equipment, it also made it possible to donate our old PCs to some very deserving Parent Aide and Healthy Families clients.

The CAP Center Addresses Senate Bill 316

Governor Rick Perry recently signed SB316 making it mandatory that for all doctors, hospitals, birthing centers and midwives to provide a pamphlet to all expectant mothers of newborn infants effective September 1, 2005. Information on Shaken Baby Syndrome, SIDS, co-sleeping, immunizations and postpartum depression are included in the pamphlet, created by the CAP Center staff. Marketing and distribution began in August with our first sale to Presbyterian Hospital of Plano.



Caring Volunteers Needed!

Our Families First program is needing volunteers to work with the children of divorcing parents. Sessions are held the second Saturday of each month, 8:30 a.m.-12:30 p.m., at East Dallas Christian Church. For more information, please call Charlotte at 214-370-9810.

What is Co-Sleeping?

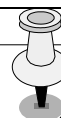
Co-sleeping, occurs when a baby shares the parent's bed, is a hot topic of discussion lately. Practiced throughout non-Western countries, the practice has grown in acceptance in this country.

With moms rushing back to work after the new baby arrives, co-sleeping is seen by many parents as an acceptable way to have more quality time with their infants. Bed-sharing also helps to promote breast feeding.

However, many experts on child safety have raised concerns about this practice. They discourage parents from sleeping with their babies because of the associated risks.

The U.S. Consumer Product Safety Commission says no baby should share an adult bed due to risk of suffocation from overlay and asphyxiation if the bed clothes cover the baby's nose and mouth.

The American Academy of Pediatrics agrees with the CPSC and says the risk of SIDS (Sudden Infant Death Syndrome) increases when the baby co-sleeps with parents. Therefore, the practice should be discouraged.



Save the Date

CAP Center Classic
October 10, 2005
Riverchase
Golf Course

Voices For Children
November 2, 2005
CityPlace

Celebrity Waiter Gala
March 25, 2006
The Science Place

Another way to benefit the
CAP Center...

Use your
Diner's Club®
Points.

Donate to Club Reward
#7801D



What Happens with the Money Donated to the CAP Center?

The CAP Center prides itself on providing cost effective services to our clients and fiscal accountability to the public. Our 2004 audit, performed by Philip Vogel & Company, P.C., highlights our success in this area.

The Standards for Charitable Accountability: BBB Wise Giving Alliance were developed “to assist donors in making sound business decisions and to foster public confidence in charitable organizations.”

Four basic standards cover the following areas: Governance, Finance, Truthfulness of Representation and Willingness to Disclose Public Information. Please visit www.give.org to read the expanded version of the Standards.

CAP Center 2004		
	Amount	Percentage
Programs – Total Expense	526,686	80%
Parent Aide	355,090	67%
Healthy Families	114,516	22%
Shaken Baby Education	35,966	7%
Families First	21,114	4%
Other – Total Expense	134,245	20%
General & Administration	42,609	6%
Fundraising	91,636	14%
CAP Center Total Expenses	660,931	100%

Standard Nine states the agency should spend no less than 65% of its expenses on programs. We at the CAP Center exceed that standard by spending 80% of our donations on programs.

Although most charities registered with this organization are national, many local agencies also use these standards as a guide in their operations.

Please call the CAP Center at 214-370-9810 for a copy of our latest audit or a copy of our 2004 IRS Form 990. Information can also be found at www.guidestar.org, or by visiting the CAP Center website at www.excap.org and clicking on the “Donate Now through *Network for Good*” icon.

Thank you for making a sound business decision by donating to the CAP Center.

Celebrity Waiter 2005 - Fun For All!

CAP Center’s Eleventh Annual Celebrity Waiter Gala was a resounding success! The event, held March 19, 2005, at Brookhollow Golf Club, raised approximately \$120,000 for the Child Abuse Prevention Center.

Auction highlights included: an adorable Bichon Frise puppy that raised \$2,100, a duck hunt which raised \$4,100, and a trip to South Africa which brought in \$5,800.

Ashleigh Banfield and her husband Howard Gould served as Honorary Chairs. Mattie Roberts was this year’s Honorary Celebrity Chair and the Spirit of Compassion Award was presented to Sarah Losinger. More than 230 people attended the black-tie gala, which featured after-dinner dancing with TOP.

Other celebrities in attendance were: Chef Alex Chen, Hotel Crescent Court; Nick Dalley, president, Intentional Communications, Inc.; Jimmy Fell, Sevy’s Grill; Sharla and Kevin Fuller, family law attorneys; Monica Greene, restaurateur; Captain Eric Guth, airline pilot, Krickett Hancock, Paula Lambert, Mozzarella Co., Reg Land, Land Company., Chef Michael Morabito, The Mansion on Turtle Creek; David Nelson, designer; Brad Oldham, sculpture; Santiago Pena, sculpture; Chef Jamie Samford, Central Market; Chef Jim “Sevy” Severson, Sevy’s Grill; Miss Texas Jamie Story; Craig “Big T” Thompson; Russ Vandeverdonk; and Chef Billy Webb, Hilton Dallas Park Cities.

We hope you will join us for the 2006 Gala to be held on March 25, 2006, at The Science Place in Fair Park!



**CAP Center
Clients Served**

Parent Aide Program

1993 - June 2005
Families: 1,218
Children: 3,033

Families First

1995 - June 2005
Parents: 6,696
Children: 2,813

Shaken Baby Syndrome

1999 - June 2005
People Trained: 8,852

Healthy Families Dallas

2001 - June 2005
Teens and Babies: 163

CAP Celebrates Healthy Families Graduate

Leah Johnson was only 12 years old when she found out she was pregnant. After discovering her pregnancy, she transferred to the Dallas Independent School District's Health Special School for pregnant and parenting teens.

Her doctor placed her on bed rest during her pregnancy, so a teacher brought her lessons to her at home. One day, an assessment worker from Healthy Families came out to ask her if she was interested in receiving services from the program. Leah signed up immediately, with the consent of an adult family member.

Allen, Jr. was born on February 1, 2000. A Family Support Worker from Healthy Families visited Leah every week, teaching her basic baby care, encouraging her to get medical checkups and vaccinations, and showing her activities that encourage a strong parent-child relationship and promote brain growth and development.

Starting at age 16, Leah and her baby's father began living on their own. They managed to pay their household expenses, take good care of Allen, Jr., and hold down jobs. Leah worked as a receptionist at a dental clinic. She and the father were married last year.

Leah was also a primary caregiver for her grandmother until the older woman died, and later a caregiver for her mother-in-law during a serious illness.

Leah has continued her education through home schooling. She is now studying to finish her high school diploma. She plans to enroll in college next year when Allen Jr. starts kindergarten. Allen is very bright, has a great vocabulary and a sweet spirit.

Healthy Families is the CAP Center's program that reaches out to pregnant teens who live in certain zip codes where poverty, child abuse and crime abound. We visit new parents through the pregnancy and until the child turns 5 years old, using the family's strengths to support a healthy parent-child relationship. Through this program, we are able to teach young parents to care for their children in a loving way, and to ensure their children's health through well baby checkups, regular immunizations and developmental screening.

Allen Jr. reached his fifth birthday in February. It was time for Leah and Allen to graduate from the program. To celebrate the successes of this young mother and her child, a party was held in Wilson Historic District to honor them.

Leah says Healthy Families has helped her learn how to manage stress, given her support during tough times, and taught her how to play games and interact with Allen Jr. Leah has now agreed to serve on the Healthy Families Advisory Board so she can help the organization in its efforts to help other young parents.

We are proud of Leah and Allen, Jr., and also proud of the success of the Healthy Families program!

THANK YOU

Special Thanks to Our Wonderful Program Volunteers for Their Years of Service

Clay Moody	9
Sarah Smith	9
Jennifer Fullbright	8
Henry Carney	7
Janet Cobb	7
Tahnee Barbee	5
Kelly Griffin	5
Shawn Kurz	4
Jill Lewis	4
Craig Mindell	4
Anita Bass	3
Jody Giles	3
Kate Murphy	3
Kelly Thompson	3
Elizabeth Miller	2
Scott Plog	2
Ellen Grigsby	1
Sophie Guislain	1
Corrine Gurney	1
Amy Huffman	1
Maggie Kuentler	1
Viviane Minet	1

Where to Turn

CAP Center	214-370-9810	www.excap.org
Community Helpline	214-379-4357 or 211	
Shaken Baby Alliance	817-882-8686	
Report Child Abuse	800-252-5400	

Hurricane Katrina and the CAP Center

We have all been profoundly affected by the tragedy Katrina brought upon our neighbors to the east. Daily stories in the media present images of unbearable suffering. Affected families have lost their homes, their possessions, and their connection to the community in which they lived and loved. Family and friends are dead or missing. People have been displaced from their homes and are now living in temporary shelters and motel rooms as well as the homes of extended family members and strangers.

These families must build new lives, many in the Dallas area. What will their needs be and what can we do to support them?

We all know about the immediate needs, such as food, clothing, shelter and jobs. However, we may not realize that family violence and child abuse increase after a major disaster. Families need help coping with the cumulative stress from all the losses that they have experienced. People who lack control over their life events and feel isolated are likely to erupt in anger, often hurting someone that they love. Over time, people may develop depression and other mental illnesses. Some may resort to alcohol and substance abuse.

Traumatized children also often exhibit behavioral changes that, without intervention, may result in a variety of chronic problems. Many of these behaviors can be difficult for over-stressed parents to handle and may provoke them to strike out at their children. Child Protective Services already has had to intervene in several serious cases of child maltreatment among the evacuees, removing at least seven children from their parents. Thirty or more children are currently at Dallas shelters with no parents. These adults are either dead or missing in the aftermath of the disaster.

While these current events are devastating, even more crises will unfold over the course of years. As Bruce Perry, M.D., Ph.D., Senior Fellow of The Child Trauma Academy, so aptly stated: "...the real crisis of Katrina is the hundreds of thousands of displaced and traumatized children. If we do not help these children, what has been lost pales in comparison to what could be lost. The creativity, productivity and humanity of thousands of children are at risk. We will spend billions of dollars rebuilding the infrastructure of New Orleans: will we spend billions of dollars healing these children?"

The CAP Center anticipates a greatly increased demand for our services among families struggling to cope with the aftermath of their losses. Our Parent Aide and Healthy Families programs are likely to be overwhelmed with requests for services over the weeks, months and years to come.

What can you do as a supporter of the CAP Center? In the short term, we are in desperate need of diapers and peanut butter. In the longer term, we will need additional caseworkers to help these families whose crises are just beginning. Each caseworker costs the CAP Center \$38,000 a year. If your children want to help us meet these needs, we can provide guidance on ways schools and organizations can organize a drive to collect money and needed items.

Kudos Korner

- ☆ **Randy Michero** shines brightly! Randy was honored at the North Stars Award Luncheon this summer for his work and commitment to the CAP Center.
- ☆ **Nautilus Group** \$1,200
- ☆ **Henry W. Bass Foundation** \$10,000
- ☆ **SAP** \$25,000
- ☆ **Citigroup** \$25,000
- ☆ **Local Exchange Clubs** For guidance, in-kind donations and more than \$30,000
- ☆ **Matt Talley** 2nd Annual Fish Off
- ☆ **Dave Patterson** Hosting The Alfa Cup benefiting the CAP Center
- ☆ **Dallas Social Ventures** Leadership in our strategic planning process
- ☆ **Susan Sulentic** Diapers, baby wipes, hygiene products, household supplies
- ☆ **The Richards Group** Continued work on our branding campaign
- ☆ **Friends of Dr. Mike Rodgers** Donations made in honor of Dr. Mike's 35th year of private practice



All of our wonderful friends and donors omitted due to print deadline.

CAP Center Staff

Margaret Patterson, LCSW
Executive Director

Carol Duncan, LCSW
Program Director

Charlotte Moore
Director of Training & Education

Amy McShane, LCSW
Case Manager

Karen Coxe, LMSW
Case Manager

Michelle Ferris, LMSW
Case Manager

Kalin Burke
Shaken Baby Syndrome Educator

Claudia DeMoss
Administrative Assistant

Brooke Damron
Special Events Coordinator

Marquita Shaw
Family Support Worker

Regina Lofton
Family Support Worker

*“Never doubt that a small group of thoughtful,
committed citizens can change the world; indeed,
it’s the only thing that ever has.”*

Margaret Mead



This newsletter is about solutions to the problems of child abuse. CAP Center salutes our dedicated Exchange Club members, all our volunteers, donors and program partners who are committed to keeping children safe. Each of you has changed lives.

Families First Staff

Glenda Bevel-Boyer, *M.Ed., LPC*

Marc Greenwood, *M.A., LPC*

Debra Polsky, *M.Ed.*

Jerry Roberson, *M.A.*

Barbra Silverman, *LCSW*

Ron Sessions, *M.Ed.*

Marie Munoz

Spanish Translator

Lauren Dugger

Children’s Coordinator

Traci Denny

Ass’t. Children’s Coordinator

David Beveridge, *Registration*

Exchange Club Center for
the Prevention of Child Abuse
of DFW, Inc., d.b.a.



2902 Swiss Ave
Dallas, TX 75204

Phone 214-370-9810

Fax 214-824-6901

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