

## Non-Profit Watchdog Chooses CAP Center as 4-Star Charity

On December 1, 2005, **Charity Navigator**, America's premier evaluator of charities gave the CAP Center a 4-Star rating. As a result, the CAP Center became the 5,000<sup>th</sup> charity on the organization's free database.

The rating acknowledges the CAP Center's "ability to efficiently allocate and grow its finances." Charity Navigator cited the CAP Center as "differentiating itself from its peers and proving that it is worthy of the public's trust." Only 22 non-profits in Dallas County have received this coveted rating.



Charity Navigator's data-driven analysis has been profiled and heralded by *The New York Times*, *The Chronicle of Philanthropy* and *NPR*. Its website attracts more visitors than all other charity groups combined, making Charity Navigator the largest charity evaluator in America. The rating will be listed on Charity Navigator's website, [www.charitynavigator.org](http://www.charitynavigator.org).

"In this increasingly competitive philanthropic marketplace, Charity Navigator aims to give donors confidence in their charitable endeavors by shining a light on efficient charities like the CAP Center," wrote Trent Stamp, executive director of Charity Navigator.

## You helped me understand my son...and my role as his mother

*The Voices for Children 2005* breakfast on November 2, was a tremendous success! Two mothers spoke to the audience about their experiences with the Parent Aide Program and how they have benefited from CAP Center services. Here are excerpts from both of their

- "[A case manager] started coming to see me every week, and I really didn't trust her. But the more I would talk and open up to her, the more comfortable I felt. I also noticed that she did not judge me.

"I am thankful that I joined this program because I know there are people, other than family, in this world we can trust and talk to, and who care about other people besides themselves."

- "In the beginning there was just me, and then in nine months everything changed. So much happened all at once that I couldn't handle it. I was overloaded with emotions. I had this little baby and started to feel sad, angry, frustrated and disappointed.

"I knew I needed help and I was referred to the CAP Center by the hospital. [A case manager] came along, and she helped me to understand my new role as a mother and helped me to understand my son. She helped me to see the world through his eyes. I learned that he is new and doesn't know the world as I do. With the help of the program, I am no longer the red-zone seeing, angry monster that I was. Now I understand that the environment in which my son grows up, he will pass on to his children."

*"With the help of the [Parent Aide] program, I am no longer the red-zone seeing, angry monster that I was."*

**April is National Child Abuse Prevention Month**  
**Take Action...Don't wait! • Report suspected child abuse to 800-252-5400.**

Exchange Club Center for  
the Prevention of Child Abuse  
of DFW, Inc., d.b.a.



Our mission is to break  
the cycle of child abuse by  
equipping parents and  
caregivers for success.

2006

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## Thoughtful adopters bless all of us

Thanks to the continuing generosity of Adopt-A-Family supporters, 51 families who participate in CAP Center's Parent Aide and Healthy Families programs were adopted last Christmas.

There is nothing on Earth like the look on parent's faces when they see the beautifully wrapped gifts delivered to them just in time for the holidays.

Parents who routinely put themselves last received new clothing, bedding, household items and other things they would never buy for themselves. Through your generous donations, these families - who struggle with poverty, illness, and unimaginable stress were able to participate in the joy of the season. .

This special act of giving blesses all of us - adopter, client family and CAP Center Staff.



Your gifts brought joy to these children

CAP Center recognizes the groups and individuals who helped make this amazing program work on page 4.

## Loss, tragedy...hope

### What happened to my world?

A 23-year-old mother of four has asked herself this question many times over the past year, as her family experienced two painfully traumatic events.

Last June, she lost her 2-year-old child in a tragic accident. Then, in August, the family was uprooted and forced to leave everything they had known when Hurricane Katrina struck New Orleans. After a two-week stay at the Superdome, they ended up in Dallas.

Sadly, this mother was seven and a half months pregnant

when she left New Orleans, and gave birth to her fourth child in October.

She has not been able to transfer her children's Medicaid. She has struggled to secure employment. There has been no FEMA money to date.

While the mother was out applying for a job, one of her children was found wandering in the parking lot. CPS investigated the family for neglect then referred them to the CAP Center.

While she still feels out of place in Dallas, this mother is determined

to start a new life for herself and her children here. Her strong faith tells her she has ended up here for a reason she doesn't even know yet.

Her heart tells her it would be too difficult to return to the city where she lost her second child. Other family members have already returned to their old neighborhood in New Orleans, and her 6-year-old child begs to "go home," but she insists that Dallas is her home now.

The CAP Center will work with this mother as she tries to put the pieces of her life back together and move past the tragedy of the last year.

## Families overwhelmed by your generosity

On December 23<sup>rd</sup>, the CAP Center held the annual Healthy Families Christmas party at a satellite office of Buckner Children and Family Services in Oak Cliff.

Love and happiness filled the room as 50 delighted children, parents and grandparents sang Christmas Carols and sat on Ms. Jazzy Santa's lap to pose for their Christmas picture. Special thanks to Family Support Worker, Marquita Shaw who shared her Christmas spirit and lap with us.

We are grateful to Ms. Emily Parker for underwriting the party, to our teen mother who led the carols and to the CAP Center's overwhelmingly generous Adopt-a-Family participants who provided an abundance



## Traumatic stress makes abuse more likely

When parents are over-stressed in their efforts to find economic security, housing and medical care, they are more likely to strike out in anger at their children.

The estimated 37,000 new residents who fled here after Hurricanes Katrina and Rita have greatly affected the Dallas Community.

As a direct result of growing demands on an already overburdened and poorly funded social service system, the CAP Center has seen increased demand for services.

All of the families served by CAP Center have been influenced as they compete for already scarce resources. As hurricane evacuees settle in Dallas, risk factors for child abuse escalate.

Our Parent Aide and Healthy Families programs have been overwhelmed with service requests, a trend projected for the months and years ahead. Since Katrina, CPS referrals to us have increased 230 per cent (*from 27 to 63*) compared to the same period a year ago.

Please consider a donation to our Parent Aide program. **You can help us prevent further abuse.**

*“...programs overwhelmed with service requests...”*

### CAP Center Responds to Katrina

CAP is a member of the Katrina Mental Health Task force, composed of agencies and private practitioners who serve persons affected by Katrina.

All CAP Center clinical staff have received specialized training on how to help children cope with the trauma of the hurricane and its aftermath.

At this printing, four Katrina families have been referred to the CAP Center from CPS and are currently receiving in-home services.

## Over \$9,700 raised at first Mark E. Burns Memorial Golf Tournament

On Saturday, September 24, 2005, eighteen golf teams, friends and families from around the country gathered at the Longview Golf Course in Kansas City, Missouri, to pay tribute to Mark E. Burns.

Mark, who died unexpectedly in October 2004, was the beloved husband of Margaret Patterson, the Executive Director of the CAP Center.

Over \$9,700 was divided between Mark's two favorite charities; the CAP Center and the Joe Herndon Area Vocational School in Raytown, Missouri.

A special appearance by Mike Brewer, of the 1970s band Brewer and Shipley, highlighted the entertainment and festivities.

Special thanks go to Kevin Owen, a dear friend of Mark's, for planning and executing a flawless tournament and for ordering the stunning autumn weather.

Please mark your calendar for next year's tournament on September 23, 2006!

## Your donations educate record number on dangers of shaking a baby

Over 1,775 teens, teen parents, childcare providers, professionals and other adults attended Shaken Baby Syndrome trainings in 2005. We could not have done it without your generous support!

While there has been an increase in those trained every year since the program's inception in 1999, this year marks a remarkable leap in numbers. Credit for this impressive growth may lay with the CAP Center's growing reputation as a leader in SBS prevention trainings for Dallas County. Whatever the reason, we hope to continue at this pace and watch the numbers grow throughout 2006!

We are also excited to announce the CAP Center now has a contract with DISD for 2006 to provide 50 presentations to its high schools, Youth and Family Centers, parents and DISD Staff.

## Annual conference equips childcare providers, parents for success

CAP Center's Seventh Annual Childcare Provider and Parenting Conference was held on April 1st. While the core of the conference included presentations on early infant development, shaken baby syndrome and sudden infant death syndrome, we also included two new topics: childhood obesity and car seat safety.

Betty Carter with Parenting on Purpose, Inc. presented another new session, "Helping Kids Heal", which focused on helping children recover from trauma. It was Inspired by Hurricanes Katrina and Rita, and was designed to help children cope with natural disasters and catastrophes.

This year's conference was translated into Spanish for the first time.

**Baylor Health Care System** sponsored this event. Other contributors included **Chipotle, ChildCareGroup, Children's Medical Center and Park Place Motors.** *To all of our contributors, we extend a heart-felt thank you!*

## CAP Center Classic raises over \$54,000

We had another fun day on the golf course at the 2005 CAP Center Classic held last October. Congratulations to the tournament winners and thanks to all our sponsors. A special thank you to the **Coppell Exchange Club** for cooking the burgers and to **Gerald Deats** for his unfailing support of our annual event!

### 1<sup>st</sup> Place Team

**Koons, Fuller, Vanden Eykel & Robertson**

Ike Vanden Eykel  
Judge Francis Harris  
Mike DeBruin  
Brian Loughmiller

### 2<sup>nd</sup> Place Team

**SAP**  
Don Garland  
Russ Finks  
Brett Walton  
Doug Conner

### 3<sup>rd</sup> Place Team

**Rodgers**  
Dr. Mike Rodgers  
Teddy Ashcraft  
Kenneth Hacks  
Don McGaughy

# THANK YOU to our partners in

## Our Sincere Apologies...

To the Harry W. Bass, Jr. Foundation for misspelling its name in our Fall 2005 newsletter.

## 2005 Adopt-A-Family Supporters

First American Real Estate Tax Service  
Calvary Baptist Sunday School  
Jennifer Anderson, Mark Crouser,  
John Parolisi, and friends at Centex  
Brenda and Bill Damron  
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Annelise and Amanda Wright

## Contributors

A big THANK YOU to all our donors who gave \$500 or more to the CAP Center in 2005.  
**We could not do it without YOU!**

Andrews Kurth, L.L.P.  
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Harry W. Bass, Jr. Foundation  
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Mary Ann Talley  
Trammel Crow Company  
Unaka  
Ike Vanden Eykel  
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Dr. R. M. Watkins  
The Gil & Dody Weaver Foundation  
Tim Weber  
Elisabeth White  
Women of Saint Michaels

*If we have inadvertently omitted your name, please accept our apologies and notify us at 214-370-9810.*

### Contact the CAP Center

2902 Swiss Ave., Dallas, TX 75204

Phone: 214-370-9810

Fax: 214-824-6901

Email: [excav@excav.org](mailto:excav@excav.org)

[www.excav.org](http://www.excav.org)

# child abuse prevention in 2005. . .

## Gifts in Memory of

### Janet Beaudry

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Stream Realty  
Mike McCollum  
Patsy & Don Lee  
Bill & Alice Wright  
Texas District Exchange Clubs  
Exchange Club of Lake Highlands

### Mark E. Burns

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Gail & Robert Solomon

*If we have inadvertently omitted your memorial gift, please accept our apologies and notify us at 214-370-9810.*

## Gifts in Honor of

### Dr. Mike Rodgers

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Keith & Kendall Trussell  
Suzanne Young Welch  
Martha & Jeffrey Serwatowski

*If we have inadvertently omitted your name, please accept our apologies and notify us at 214-370-9810.*

## Special Thanks to...

- The first annual **ALFA Cup**, benefiting the CAP Center, was held last September. Over 60 golfers raised more than \$4,000. A very special thanks goes out to **Dave Patterson**, *HFG Advisors*; **Glen Bellinger**, *Bellinger & DeWolf* and **Peter Robbins**, *Middleton, Burns & Davis*, for making it possible.
- **Brenk Johnson** for help on CAP Center Employee Handbook revisions.
- **Trammell Crow Co.** employees for choosing CAP Center as the beneficiary of their holiday giving campaign.
- The **Sulentic Family (Matt & Ellie)**, **Jacey Cardwell & Dr. Cindy Pladziewicz** for diaper and peanut butter drives throughout 2005.
- **The Slipper Club** for designating CAP Center as their 2006 charity.
- **Common Cents Program Schools:** Dallas Environmental Science Academy, David G. Burnet Elementary and T. L. Marsalis Elementary for its **students** donations.

To designate your next donation as an honor gift or memorial, include a note with the honoree's name and mailing address. If the gift is a memorial, also include the contact information of the family member to receive a notification card.

The Center sends each honoree a card with the message: "A contribution has been made to the Child Abuse Prevention Center in your honor by (donor)." For memorials, a similar card is sent to family members indicating a gift has been made in memory of the deceased.

**Mail gifts to: CAP Center, 2902 Swiss Avenue, Dallas, TX 75204**

## Cap Center Clients Served

### Parent Aide

1993-2005

Parents - 1,786  
Children - 3,266

### Families First

1995-2005

Parents - 6,958  
Children - 2,866

### Shaken Baby Syndrome

1999-2005

People Trained - 9,756

### Healthy Families

2001-2005

Parents & Babies - 173

## Desperately seeking...

**A digital camera for CAP  
Center newsletter produc-  
tion.**

## Save the Date!

**CAP Center Classic**  
Monday, October 9, 2006  
Riverchase Golf Club  
Carrollton, TX

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at no cost to you!

Most of us know how to "Google". now we  
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Goodsearch is a search engine, powered by  
Yahoo. It donates one cent to your charity  
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Here's how it works:

Go to [www.goodsearch.com](http://www.goodsearch.com), type Child  
Abuse Prevention Center - Dallas into the  
"I'm supporting" box and click on "verify".

Now every time you search the web at  
GoodSearch.com, you'll be earning money  
for the CAP Center.

**Good Searching!**

*This newsletter is about solutions to the problems of child abuse. CAP Center salutes our dedicated Exchange Club members, all our volunteers, donors and program partners who are committed to keeping children safe. Each of you has changed lives!*

Exchange Club Center for  
the Prevention of Child Abuse  
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